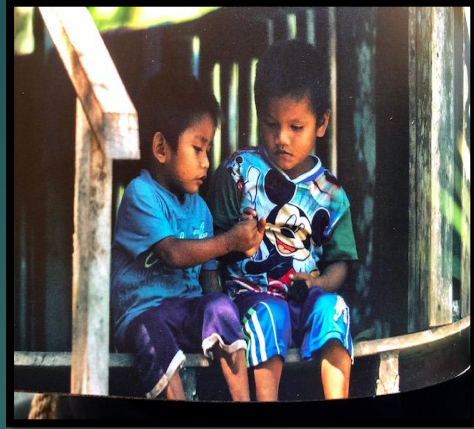




What is Renew Health?

KATHRYN HALVERSON, MD

RENEW HEALTH MEDICAL DIRECTOR



RENEW HEALTH...

Health promotion for the world.

- ▶ There is great need to prevent disease. In Amazonia "...chronic malnutrition, stunting and parasitic infection is endemic, particularly among indigenous children ...which increases their risks for other diseases."

Morbidity and mortality disparities among colonist and indigenous populations in the Ecuadorian Amazon

[William Kuang-Yao Pan](#), [Christine Erlien](#), PhD,

and [Richard E Bilsborrow](#), PhD.

[Soc Sci Med. 2010 Feb; 70\(3\): 401.](#)

Renew Health training is designed to help communities live healthier



- ▶ addressing local health issues
- ▶ preventing disease
- ▶ and producing sustainable health improvement.

Training local leaders



▶ who have a vision for community health and who will train others.



With a health promotion tool

- ▶ which uses Biblical principles and can be adapted to secular communities.



RENEW HEALTH-

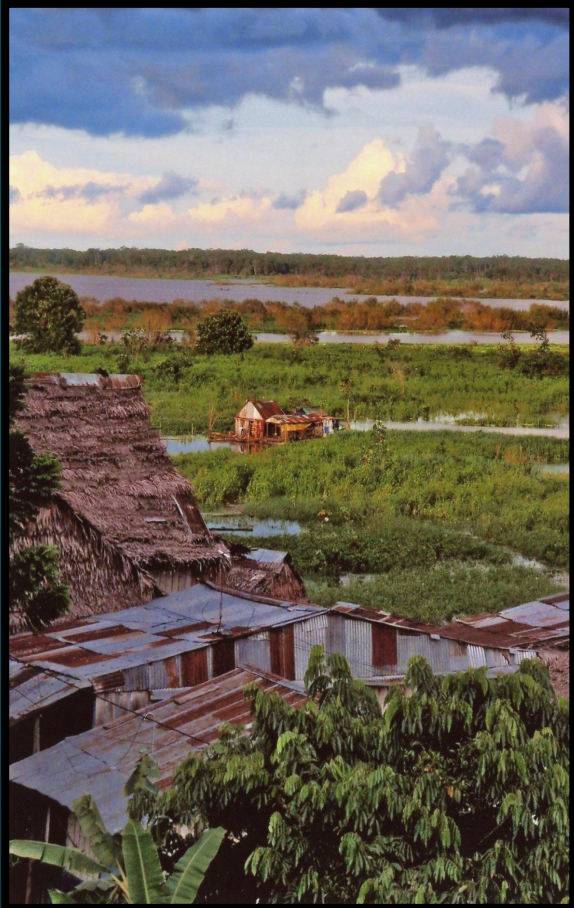
- ▶ used successfully in Peru and introduced in Brazil, Mozambique, and Colombia.



What are Renew Health's Goal and Methods?

Renew Health's Goal is

- ▶ *improved health through local health initiatives.*



Renew Health's Method is to

- ▶ Train local leaders to lead community-initiated health dialogues and give them relevant health information.



Renew Health's method involves

- ▶ teaching and modeling interactive sessions.



Interactive sessions which

- ▶ 1. Use proven tools of engagement to foster community involvement in health issues.
- ▶ 2. Build and share relevant participatory health lessons.





How do we do this?

The 7 Tools of Engagement

- ▶ **1. Dramas** and Bible story telling
- ▶ **2. Interactive activities** such as identification and celebration of local resources such as mapping



The 7 Tools of Engagement

- ▶ **3. Identification of health needs and priorities** through a modified Ten Seed Technique
- ▶ **4. Identification of world view and sense of control** over health issues
- ▶ **5. Sharing health information** through facilitated discussion



Tools of Engagement

6. Demonstrations such as handwashing, tippy tap, solar disinfection of water

7. Illustrations and animated videos





**What health topics are
covered?**

Topics

- ▶ Clean water
- ▶ Sanitation
- ▶ Hygiene
- ▶ Addiction
- ▶ Sexual health
- ▶ Mosquito borne disease
- ▶ How to care for the sick and respond to emergencies
- ▶ Prevention and treatment of common preventable disease





**Where can this flexible
training be used?**

flexible interactive sessions are useful in

- ▶ *remote* preliterate indigenous communities and *urban* settings
- ▶ different *cultures, languages* and *geographic locations*.
- ▶ as an *introductory* or *comprehensive training*.
- ▶ In *Small groups* (~20) of men, women, or children.





**Who can use
RENEW HEALTH
to train?**

1. *medical and non-medically trained facilitators*



- ▶ Indigenous local leaders who are familiar with the language and culture are best suited to reach their communities.

2. Organizations which provide



- ▶ long term relief , rehabilitation, and development
- ▶ short term humanitarian efforts



What are the Training Materials?

RENEW HEALTH TOOL KIT

interactive sessions

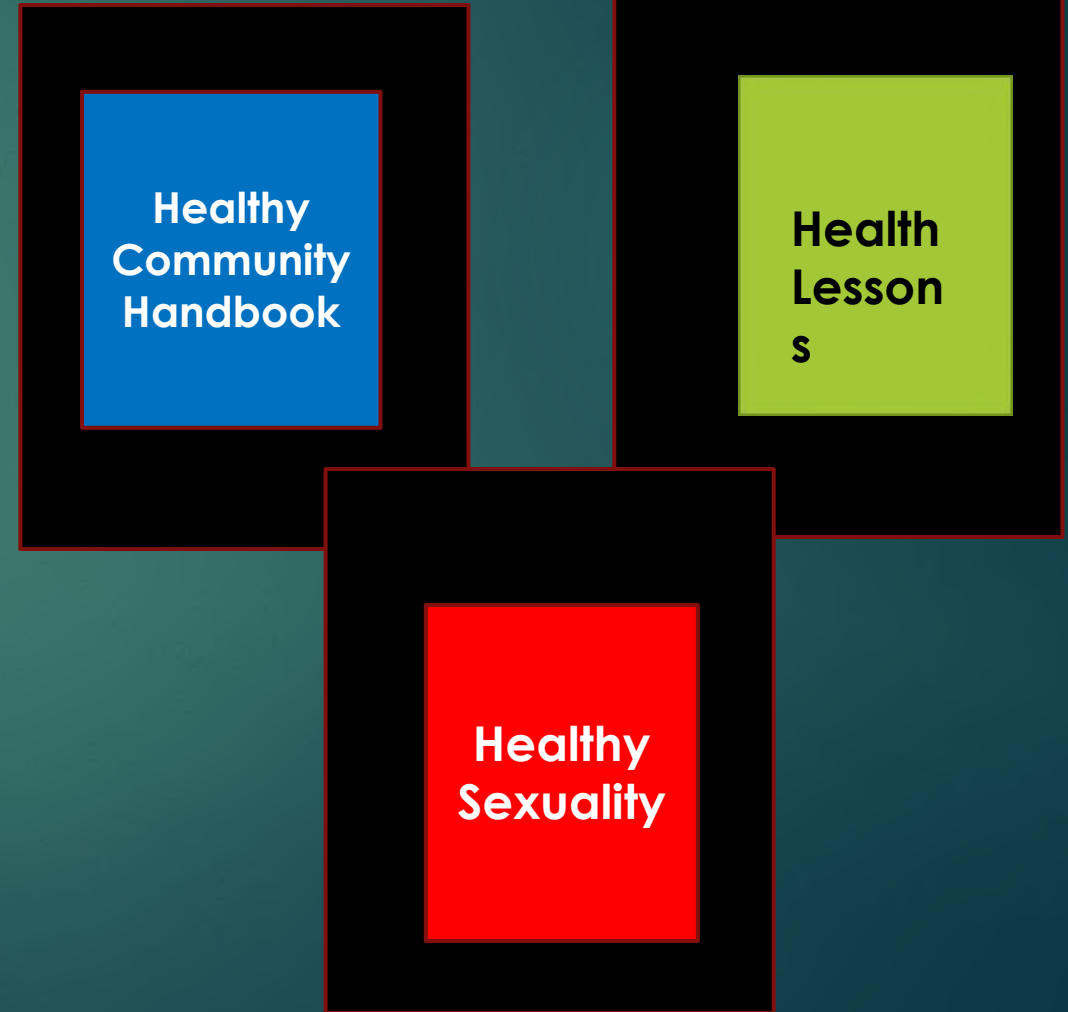
- ▶ give health information
- ▶ model and teach health promotion techniques
- ▶ provide opportunities to practice facilitation.



TOOL KIT-

6 topical booklets.

- ▶ **Booklet 1: Healthy Community Handbook**
- ▶ How to lead a community to health.
- ▶ **Booklet 2: Health Lessons**
- ▶ Interactive community health lessons
- ▶ **Booklet 3: Healthy Sexuality**
- ▶ Male and female identity, development, anatomy and physiology, pregnancy, HIV and sexually transmitted disease



Renew Health TOOL KIT-

6 topical booklets.

- ▶ **Booklet 4: Healthy Living Addiction Free**
- ▶ Addiction- identification, prevention and treatment.
- ▶ **Booklet 5: Healthy Mothers and Newborns**
- ▶ Understanding pregnancy for the non-medical person.
- ▶ **Booklet 6: Diseases from Mosquitoes**
- ▶ Common diseases transmitted by mosquitoes- , microbes, mosquitoes and the diseases they cause; prevention; diagnosis; treatment; and ***how to take care of a sick person.***

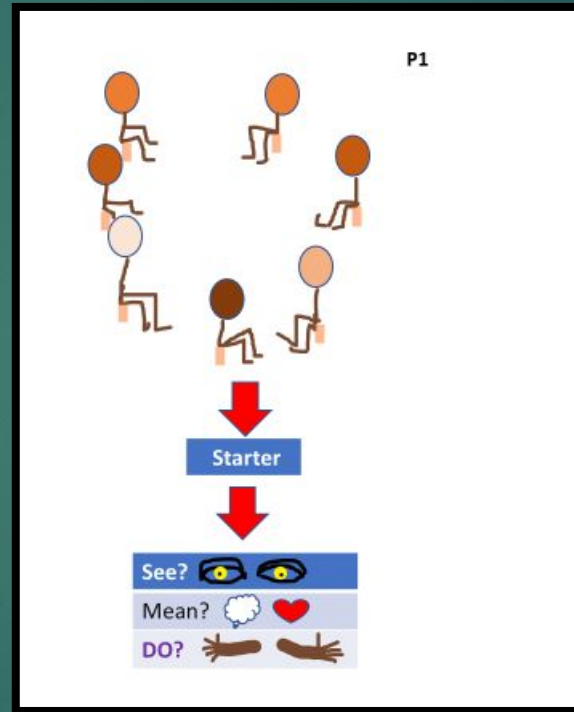
Healthy
Living:
Addiction
Free

Healthy
Mothers
and
Newborns

Diseases
from
Mosquitoes

Our training WORKBOOKS

- ▶ **Health Workbook 1**
- ▶ Largely pictorial- illustrating interactive sessions.
- ▶ These will be useful when the trainers return home to lead health promotion sessions.



p10

CAUSE	TRANSMISSION	SYMPTOMS

P2

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

Our training WORKBOOKS

- ▶ **Health Workbook 2**

- ▶ Largely pictorial resources on

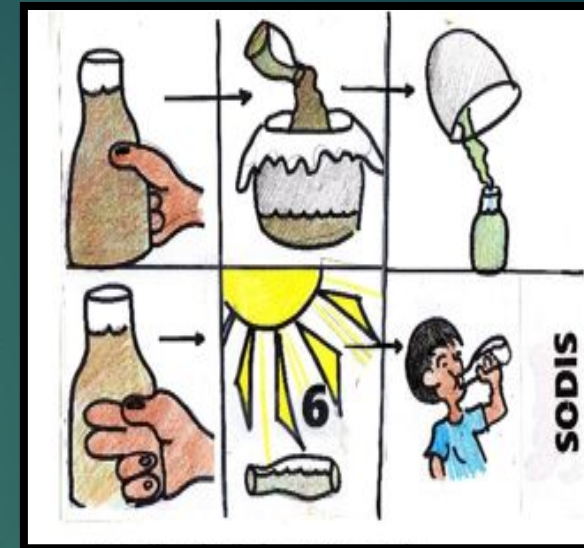
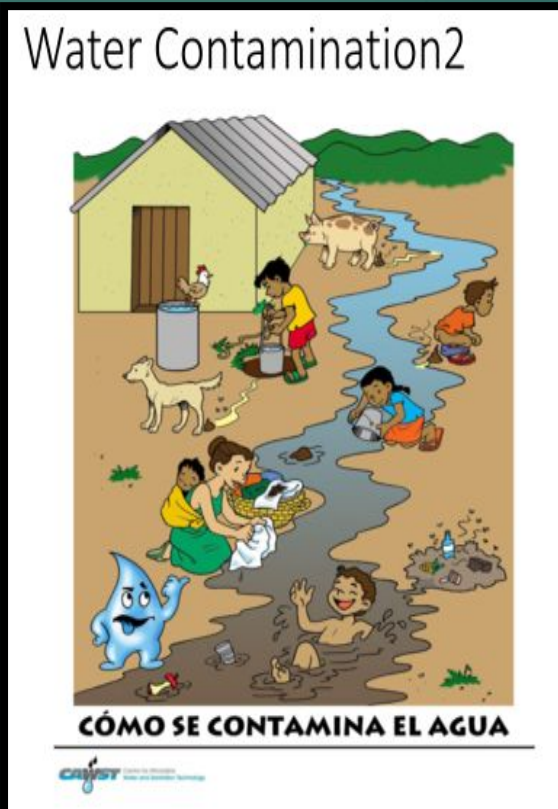
- ▶ WASH

- ▶ Diabetes

- ▶ High Blood Pressure

- ▶ Addiction

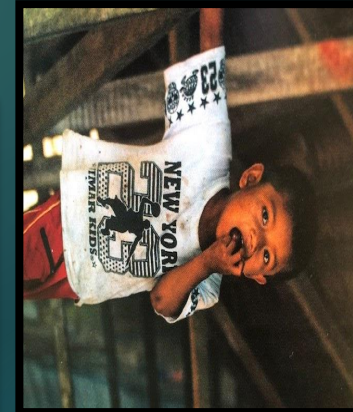
- ▶ Other



RENEW HEALTH



Center photo by Bridget Carroll



Training local leaders



Because every community has the potential to be healthier.



- ▶ **RENEW HEALTH**
invests in the skills and knowledge of local leaders to engage their communities in sustainable health improvement
- ▶ ...and saves lives.



For more information contact

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-
- ▶ Download the Renew Health Toolkits at renewoutreach.org

